



SEASONAL ROAD ACCESS Application Form

Please complete this application form and submit to The Office Manager, Four Wheel Drive Victoria. (email: office@fwdvictoria.org.au or fax: 03 9857 5260)

In planning a trip it is important to recognise that you are expected to return home on an appropriate date or time or to arrive at a particular destination when you say you will.

There are always other external parties that are affected by where we go, and to this end it is important for all participants to know whom to contact for information when things go wrong or emergency contact is required to a trip participant.

Confirmation of Approval will be forwarded by either Fax or Email, a copy of which MUST be carried by the Trip Leader in his Vehicle for inspection by authorised Officers if requested.

Please Note: Application must be received no later than 7 days prior to the proposed trip date.

Name of Club:

Date/s of Trip:

Proposed Route:

.....
.....
.....

Trip Leaders Details:

Name: _____

Address: _____

Tel: (Bus) _____ (After Hours) _____

Mobile: _____

Driver Training Certificate Level: Proficiency / Advanced (please circle level attained)

Name and Contact Details of 24 Hour Emergency Contact: (Ground Charlie)

Name: _____

Address: _____

Tel: (Bus) _____ (After Hours) _____

Mobile: _____

Communications Requirements: (please tick applicable)

- | | | | |
|---|---|---|---|
| <input type="checkbox"/> Wet Weather Gear
(Jacket & Overpants) | <input type="checkbox"/> Tent/Emergency Shelter | <input type="checkbox"/> Radio
27Mhz / VHF / HF | <input type="checkbox"/> Flares Carried |
| <input type="checkbox"/> Spare Warm Dry
Clothing | <input type="checkbox"/> Matches (Waterproof) | <input type="checkbox"/> Mobile Phone
CDMA / GSM / 3 G | <input type="checkbox"/> Torch / Strobe |
| <input type="checkbox"/> Suitable Footwear | <input type="checkbox"/> Map / Chart & Compass | <input type="checkbox"/> Satellite Phone | <input type="checkbox"/> Life Raft |
| <input type="checkbox"/> Food/Provisions
(for.....days) | <input type="checkbox"/> GPS | <input type="checkbox"/> 406 Mhz Distress Beacon
(EPIRB) | <input type="checkbox"/> Life Jackets |
| <input type="checkbox"/> Water | <input type="checkbox"/> First Aid Kit | <input type="checkbox"/> 121.5 Mhz Distress Beacon
(ELT/EPIRB) | <input type="checkbox"/> Whistle |

Which radio channel will your club be using on the Trip? **Channel**.....

By what method can your Emergency Contact get messages to you?

.....

What strategy do you have if you can not contact your Emergency Contact?

.....

.....

List of Trip Participants: (maximum number of vehicles 10)

	Names of Primary Drivers	Vehicle Make / Model	Vehicle Rego No.	No of Pass
Trip Leader				
2				
3				
4				
5				
6				
7				
8				
9				
10				

Preferred “Approval Notification” Method: Fax / Email (please circle)

Fax Number: Email Address:.....

Please Note: It is a requirement of this Application for Access that if approved, a copy of the Approved application form **MUST** be carried by the Trip Leader in his Vehicle for inspection by Authorised Officers if requested.

Attention Trip Leader: If by chance a vehicle/s follow you or join your convoy as you proceed past the Road Closure Signage, please **STOP** and explain to the driver of this / these vehicles that you have a permit, and that they **MUST** also have written permission to be on this road without being fined or penalised

Signed: Dated: / /

.....
(Please Print Name)

FWDV OFFICE USE ONLY

Club Affiliation is Current – Yes / No

Trip Leader Details Completed – Yes / No

Emergency Contact Details Completed – Yes / No

Trip Route Completed – Yes / No

Communication Requirements Completed Satisfactorily: Yes / No

Trip Participants List Completed Correctly: Yes / No

Application Approved / Rejected by: _____ **Date:** ____ / ____ / ____

Trip Leader Approval Sheet: Faxed / Emailed

Mansfield Shire Notification Sheet: Emailed

Victoria Police Notification Sheet: Emailed



OUTDOOR INFORMATION SHEET

"Let someone know when you go"

"People should always plan for the unplanned. Always leave trip intention forms with someone who can raise the alarm if you do not make it back in time. Always pack extra food, water and clothes for inclement conditions. You never know when the weather might change"

Recent (2007) examples of what not to do;

1. 4x4 drivers entered into their vehicle GPS, the shortest distance home and followed the given directions. The road they drove onto was closed during winter (snow covered) they ignored signs, became bogged and spent two nights out until rescued by local police.
2. Four walkers on snowshoes in a remote alpine region rang police on the second night of a planned four-day walk complaining they had run out of food.
3. Two bush walkers training for the kokoda trail rang police 10 kilometers from their car complaining of fatigue. They wanted Police to pick them up.

The following information is only an overview of outdoor issues and should be a starting point for any person wishing to enjoy a safe wilderness experience and prevent the above happening to you.

Before entering a wilderness environment;

Plan your trip – Research your trip – using a current map and advice from experience walkers and local authorities. Understand the environment you are entering and risks associated with it, plan for the unexpected. Emergency response / rescue can take time always have an emergency plan factored into your trip.

- Parks Victoria 13 19 63 www.parkweb.vic.gov.au
- Snow – www.showsafe.org.au.
- Bush walking information www.vicwalk.org.au
- www.visitvictoria.com.au

Know your limitations - Physical, medical, experience, skills for area. Travel within your ability and knowledge of area.

Have a trip intention plan – leave a copy in your vehicle and with a reliable person. Fill out trip intentions books if available. Notify that person if you change your plans. Trip intention form attached.

Water – Always carry sufficient water for trip – day and overnight trips. Carry more water than you'll need, plan for emergencies. Stay hydrated and do not rely on creeks unless you have reliable information.

Food – As with water carry sufficient for trip and pack extra in case of emergencies.

Clothing – Dress for conditions, bring extra and have wet weather clothing available. Always have enough to cover you for the worst-case scenario. Weather conditions in wilderness environments are sometime unpredictable.

Equipment – Always have a map and compass. GPS and mobile phones help but they do not replace experience. Bush walking clubs are a good way to advance your experience and knowledge.

Weather – Always check a current weather report but do not rely on it, plan for worst-case scenario by carrying extra food, water, clothing and equipment.

Suggested Equipment list

1. Suitable backpack
2. Map (current) and compass. GPS (extra batteries) learn how to use before leaving on trip
3. Headlamp, spare batteries and bulb
4. Whistle

5. Correct clothing – Seek advice outdoor stores, bush walking clubs.
6. Extra clothing
7. Extra food and water
8. Have correct footwear – wear in before long bush walks
9. Water proof matches and container
10. Candle / fire starter
11. Pocket knife
12. First aid kit – individual and group.
13. Tent or bivvy bag
14. Large rubbish bag for emergency shelter and keeping equipment dry in you pack
15. Note book and pencil
16. Sunglasses / sun hat / sunscreen
17. Mobile phone – Be aware it will not always have coverage.
18. Emergency Position Indicating Beacon EPIRB 406 <http://beacons.amsa.gov.au>
19. Senses of adventure but know your limitations.

Common factors which contribute to persons being lost

(There is usually a combination of the below factors which result in problems occurring)

1. **Planning**, Lack of planning or no planning of trip
2. **Terrain**, hazards such as cliffs, rivers which may delay or cause injury
3. **Weather**, poor weather in area of search, hypothermia or hyperthermia
4. **Equipment**, poor Equipment – failure of or inappropriate for area
5. **Ability**, Over confident - skill ability not proven for particular terrain
6. **Decision-making**, lack of leadership within party – leading to poor decisions. Once lost walking in one direction believing they will come across civilization eventually
7. **Fatigue**, leading to poor decisions or injury
8. **Physical ability**, poor physical condition
9. **Lack of food or water**, contributing to fatigue and poor decision making
10. **Medical**, preexisting or accident during trip
11. **Technology**, over reliance in technology EG GPS flat batteries / mobile phones – no coverage
12. **Underestimating route**, causing delay and/or unable to identify terrain hazards
13. **No map / compass**, contributing to disorientation of person/s

WHAT TO DO IF LOST

- Stop and think. Stay calm
- Recheck navigation and map
- Re track steps a short distance may assist. Locate your last known point if possible
- Gain some height may assist in orientation
- If above does not help STAY WHERE YOU ARE.
- Find shelter stay warm and dry.
- Attempt to make your position visible to searchers land and air. E.g. fire or bright clothing in open area that can be seen by air searches.
- If you are in a group stay together, never separate.
- Be aware it can take a considerable time for rescuers to reach you so your priority is to remain warm and dry, ration your food and water if necessary.

If you are lost or require help call 000